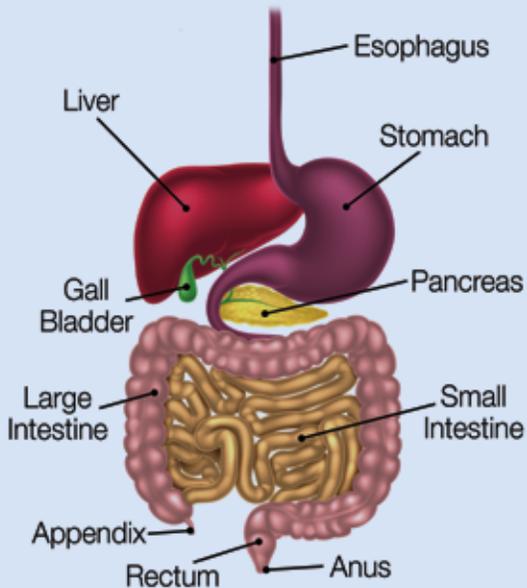




SAFE AND EFFECTIVE

Video capsule endoscopy is among the latest advancements in the evaluation and diagnosis of small bowel disorders. The capsule's camera captures high-resolution images as it moves through the digestive system, providing greater visualization of the small bowel, and a more complete and accurate diagnosis. This safe and effective procedure is able to detect small bowel lesions more effectively than other available imaging techniques.

Digestive Tract



Procedure date/time

Physician/RN instructions



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MIROCAM®
CAPSULE ENDOSCOPY

Patient Guide

Overview

The Stratis MiroCam® capsule endoscopy procedure involves you swallowing a vitamin-sized capsule which contains a camera that captures images as it travels through the digestive tract. The capsule is then passed naturally.



Actual size (10.8 x 24.5 mm)

During the procedure, you need to wear a sensor belt and a data recorder about the size of a cell phone. You may go about normal low-impact activities as the capsule moves naturally through your digestive tract. Images are sent to the data recorder for diagnostic review by your doctor.



Benefits:

- Non-invasive and safe for adults and most children
- Requires no sedation or medication
- Visualizes areas not easily seen by traditional endoscopy

Indications

For patients with:

- Iron deficiency anemia
- Suspected early Crohn's disease
- Detection of small bowel tumors
- Abdominal pain, severe diarrhea, weight loss
- Suspected celiac disease

Not for patients with:

- Known or suspected GI obstruction, strictures, or perforation
- Difficulty swallowing
- Slow or delayed digestion
- Pregnancy, epilepsy, pacemakers, heart disease, and/or defibrillators
- Diverticulosis of the small bowel

Side Effects:

Stratis MiroCam capsule endoscopy is a safe and well-tolerated procedure and side effects are rare. The main risk is retention of the capsule, which is estimated to occur in less than 1% of cases.

In the rare case of capsule retention, further imaging, medical treatment, or monitoring may be necessary.

We encourage you to discuss any and all concerns regarding the procedure with your doctor.

Procedure

One week before:

- Confirm appointment and instructions with your doctor's office.
- If you take iron supplements, check with your doctor to see if they need to be stopped.

One day before:

- Your doctor may recommend a laxative preparation, and will provide instructions.
- You may have a normal meal around noon, followed by a clear liquid diet. You may continue to drink plain water, but no food after midnight.

Day of procedure:

- Wear loose, comfortable clothing and do not use any lotions or perfumes.
- Arrive at hospital/office at the scheduled time for placement of sensor pads and ingestion of the capsule.
- You may drink water immediately after the procedure, have a light meal after four hours, and a normal meal after eight hours.
- Return the data recorder to your doctor's office as instructed.

After the procedure:

- If possible, confirm and report the excretion of the capsule to your doctor. If you are not sure it has passed in a reasonable amount of time, contact your doctor.
- Your doctor will download and review the images from the data recorder and discuss the findings with you.